NATIONAL LEVEL ONLINE CAREER COUNSELLING SESSION

DATE: 03.04.2024 TIME: 12 PM

ONLINE MODE

LINK: (https://meet.google.com/pnc-zqis-krm)

PATRASAYER MAHAVIDYALAYA

Presents

ONLINE CAREER COUNSELLING SESSION

Organised by Career Counselling Cell

April 3rd, 2024 at 12 pm

Resource Person



Ms. Shomia Biswas,
Founder,
YOGA PLEASE
Bengaluru, Karnataka

'enue:Virtual Room

Patrasayer Mahavidyalaya

Patrasayer Mahavidyalaya is an institution which is pragmatic is every way. As far as the current situation of the world is concerned, the face and nature of career has changed. Several home based career prospects have surfaced and has been made available to the individuals with the help of internet.

Thinking on that note, the college Career Counselling Cell had arranged for an online counselling session focusing on alternative career opportunities which could be explored by students.

On 3rd April, 2024, an Online Career Counselling Session was arranged by the Career Counselling and Placement Cell of the college for its students. The invited speaker was Ms. Shomia Biswas, Founder of an online yoga platform named *YOGA PLEASE* who spoke at length with the students through online mode.

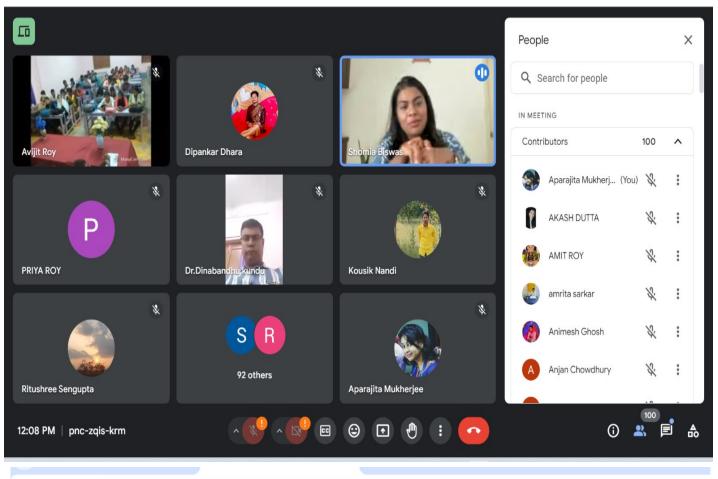
Dr. Santosh Koner inaugurated the Career Counselling Session by talking about the necessity of exploring alternative career options in the contemporary world. He further said that to practice yoga and other physical activities and then transforming it into a full time career is indeed a praiseworthy initiative. He welcomed Ms. Biswas to the online career counseling session most heartily.

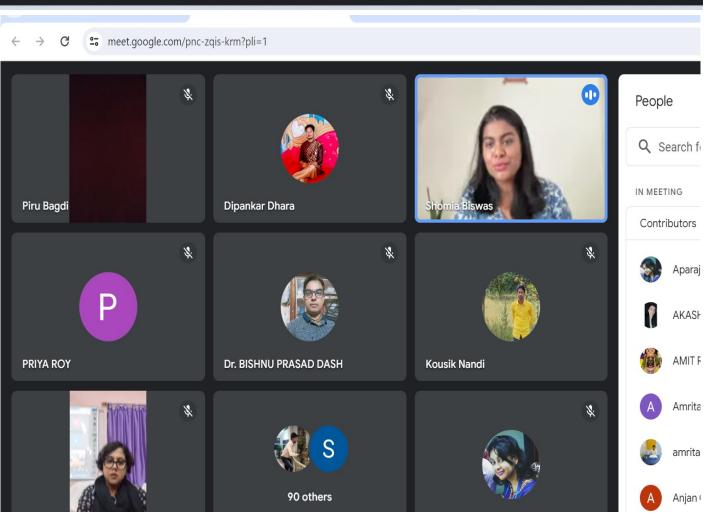
Ms. Shomia Biswas spoke about her own journey as a female entrepreneur who delved into the domain of yoga and turned it into an online platform to help many. She advised the students to understand the changing nature of modern economy and then carefully plan for a sustainable career. She further informed them about ways in which young individuals can shape their careers by taking alternative paths.

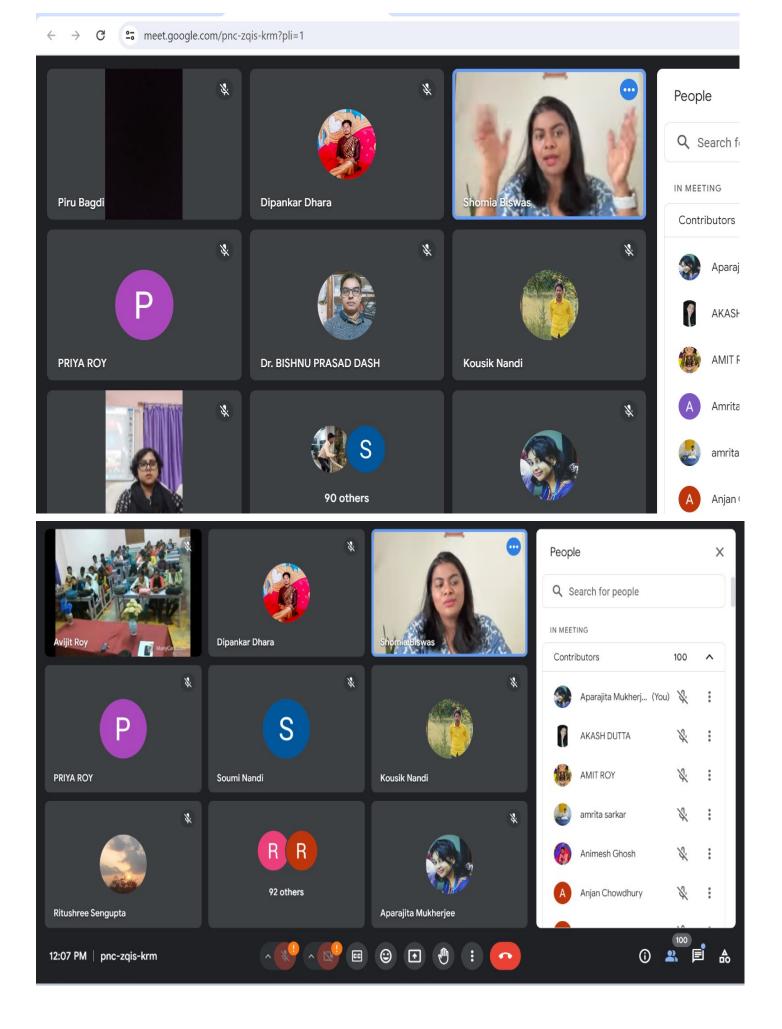
The students found the talk to be highly motivating and they expressed their concerns freely in front of the speaker and she carefully addressed all of their doubts.

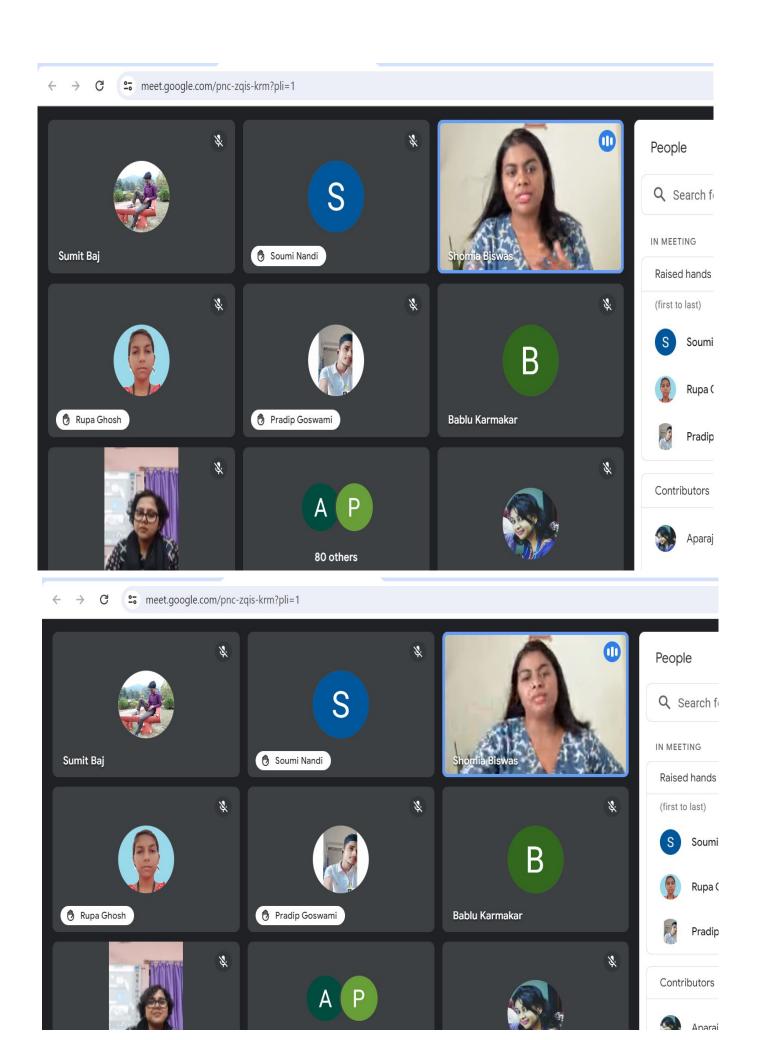
The program ended with a vote of thanks from Dr. Ritushree Sengupta, the Convenor of the Career Counselling and Placement Cell, Patrasayer Mahavidyalaya.

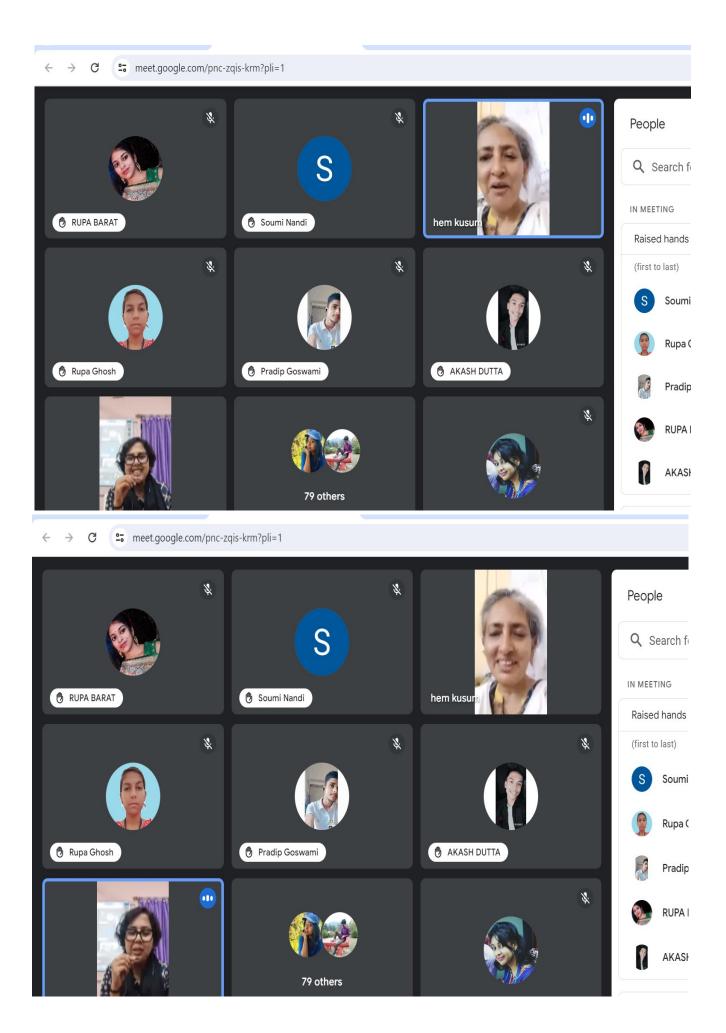
CAREER COUNSELLING PROGRAMME 30/04/2024











PATRASAYER MAHAVIDYALAYA

NAAC ACCREDITED (GRADE B, 1ST CYCLE)
(AFFILIATED TO BANKURA UNIVERSITY)



ONE DAY NATIONAL CAREER COUNSELLING PROGRAMME

(In Blended Mode)

ORGANISED BY IQAC & CAREER COUNSELLING CELL

LETTER OF APPRECIATION

This is to gratefully acknowledge that Ms. Shomia Biswas, Founder, YOGA PLEASE, Bengaluru, Karnataka has conducted a Career Counselling Session as RESOURCE PERSON in the One-Day National Career Counselling Programme organised by IQAC, & Career Counselling Cell, Patrasayer Mahavidyalaya on April 3rd, 2024.

Dr. Ritushree Sengupta

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Co-Ordinator, IQAC, & Convenor, Career Counselling Cell Patrasayer Mahavidyalaya

Dr. Santosh Koner

Principal

Patrasayer Mahavidyalaya

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